




# February

	Monday	Tuesday	Wednesday	Thursday	Friday
	1 CHILLED JUICE BREAKFAST COMBO BAR WHEAT BREAD MILK	2 CHILLED JUICE PANCAKES/SYRUP SAUSAGE PATTIE MILK	3 CHILLED JUICE FRESH BANANA BREAKFAST BAR MILK	4 CHILLED JUICE CHORIZO/EGG TACO MILK	5 CHILLED JUICE CROISSANT (EGG PATTIE/CHEESE) MILK
	6 CHILLED JUICE COMBO BAR WHEAT BREAD MILK	9 CHILLED JUICE WAFFLE STICKS/SYRUP SAUSAGE PATTIE MILK	10 CHILLED JUICE FRESH BANANA YOGURT MVP DONUT MILK	11 CHILLED JUICE POTATO/EGG TACO MILK	12 CHILLED JUICE BISCUIT/SAUSAGE MILK
	15 CHILLED JUICE COCOA PUFFS YOGURT MILK	16 CHILLED JUICE TAMALE S MILK	17 CHILLED JUICE FRESH BANANA HONEY BUN MILK	18 CHILLED JUICE EGGSTRAVAGANZA TACO MILK	19 CHILLED JUICE FRENCH TOAST GLAZED MILK
	22 CHILLED JUICE APPLE CINNAMON CEREAL PEANUT BUTTER SANDWICH MILK	23 CHILLED JUICE FRENCH TOAST STICKS/SYRUP MILK	24 CHILLED JUICE FRESH BANANA MORNING ROLL MILK	25 CHILLED JUICE HAM/EGG TACO MILK	26 CHILLED JUICE BOB (EGGPATTIE/CHEESE) MILK

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ED COUCH-ELSA I.S.D.  
BREAKFAST MENU

# February




Monday	Tuesday	Wednesday	Thursday	Friday	Nutrients
1 Hoggy Ham/Cheese Sandwich/Mayo Ranch Salsa Beans Lettuce & Tomato/Dill Pickles Fruit Cocktail Choice of Milk CIII Fries Chilled Juice Breakfast Combo Bar Wheat Bread Milk	2 Chili Con Carne Beans Sweet Corn Cucumber/Tomato/Lemon Wedge Pineapple Liliha Cotton Candy Choice of Milk Chilled Juice Pancake/Syrup Sausage Patties Milk	3 Egg Buns Pinto Beans Lettuce/Tomato Salad Mexican Rice Choice of Milk Chilled Juice/Fresh Banana Breakfast Bar Milk	4 Chicken Nuggets Mashed Potatoes Peas & Carrots Orange Sections Wheat Bread/P.B. Cookie Choice of Milk Chilled Juice Chorizo/Egg Taco Milk	5 Cheeseburger/Mayo/Mustard Potato Wedges/Fetchup Burger Salad Chilled Peaches Choice of Milk Chilled Juice Croissant/Egg Pattie/Cheese Milk	
8 Pepperoni Pizza Green Beans Garden Salad/Dressing Fruit Salad Choice of Milk Chilled Juice Combo Bar Wheat Bread Milk	9 Cony Dog/Mustard Corn-on-Cob Fruit Cocktail Choice of Milk Scooby Doo Cookies Chilled Juice Waffle Slides/Syrup Sausage Patties Milk	10 Beef/Cheese Enchiladas Pinto Beans Cucumber Salad/Lemon Fresh Apples Mexican Rice/Crackers Choice of Milk Chilled Juice/Fresh Bananas Yogurt MVP Donut Milk	11 Breaded Beef Fingers Mashed Potatoes Steamed Carrots Fresh Tangerines Wheat Bread Choice of Milk Chilled Juice Potato/Egg Taco Milk	12 Chicken Burger/Mayo/Mustard Oven Fries/Onion Rings Burger Salad Sliced Peaches Choice of Milk Chilled Juice Biscuit/Sausage Milk	
15 Spaghetti/Meat Sauce Green Beans Lettuce Salad Fruit Basket Wheat Bread Choice of Milk Chilled Juice Cereal Yogurt Milk	16 Burritos/Mustard Sweet Corn Green Salad/Lemon Wedge Fresh Tangerines Choice of Milk Peanut Butter Cookie Chilled Juice Hot Tamales Milk	17 Cheese Quesadillas Pinto Beans Lettuce/Tomato Fresh Peas Mexican Rice Choice of Milk Chilled Juice/Fresh Banana Honey Bun Milk	18 Pork Ribs Green Peas Garden Salad Trail Mix Wheat Bread/Peanut Butter Cookie Choice of Milk Chilled Juice Egg/Avocado Taco Milk	19 Fish Portion/Tartar Sauce Potato Wedges/Fetchup Lettuce/Tomato Salad Pineapple Tidbits Choice of Milk Macaroni & Cheese Chilled Juice Cinnamon French Toast Milk	
22 Lasagna Sweet Corn Lettuce/Tomato Salad Cherry Cup Wheat Bread Choice of Milk Chilled Juice Cereal/Apple Cinnamon Peanut Butter Sandwich Milk	23 Chili Dog/Mustard Corn-on-Cob Baby Carrots Apple Sauce Choice of Milk Chilled Juice French Toast Sticks Milk	24 Beef Tacos Pinto Beans Lettuce/Tomato Salad Raisins Mexican Rice/Sweet Potato Cake Choice of Milk Chilled Juice/Fresh Banana Morning Roll Milk	25 Baked Chicken Mashed Potatoes Green Beans Garden Peas Wheat Bread Choice of Milk Chilled Juice Ham/Egg Taco Milk	26 Fish Nuggets Potato Wedges/Fetchup Lettuce/Tomato Salad Trail Mix Wheat Bread/Macaroni/Cheese Choice of Milk Chilled Juice BOB/Egg Pattie/Cheese Milk	

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ELEMENTARY/MIDDLE SCHOOL  
LUNCH MENU



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>1 HAM/CHEESE HOAGIE RANCH STYLE PINTO BEANS LETTUCE/TOMATO FRESH PEARS CHOICE OF MILK CHILI CHEESE FRIES  (LINE 3) HAMBURGER/MAYO/MUSTARD</p>	<p>2 CHILI CON CARNE &amp; BEANS SWEET CORN CUCUMBER/TOMATO/LEMON WEDGE PINEAPPLE TIDBITS CORN STAR CHOICE OF MILK  (LINE 3) HAM/CHEESE HOAGIE/MAYO</p>	<p>3 ENBUETOS PINTO BEANS LETTUCE/TOMATO SALAD FRESH APPLES MEXICAN RICE CHOICE OF MILK PEANUT BUTTER COOKIE  (LINE 3) SPICY CHICKENBURGER</p>	<p>4 CHICKEN NUGGETS MASHED POTATOES PEAS &amp; CARROTS FRESH TANGERINES WHEAT BREAD CHOICE OF MILK  (LINE 3) BURRITOS/MUSTARD</p>	<p>5 SPICY CHICKENBURGER FRENCH FRIES BURGER SALAD CHILLED PEACHES CHOICE OF MILK CHILI CHEESE FRIES  (LINE 3) HEESEBURGER/MAYO/MUSTARD</p>	
<p>8 PEPPERONI PIZZA GREEN BEANS GARDEN SALAD/DRESSING FRUIT SALAD CHOICE OF MILK  (LINE 3) HAMBURGER/MAYO/MUSTARD</p>	<p>9 CORNY DOG/MUSTARD CORN-ON-COB BABY CARROTS /DIP FRUIT COCKTAIL CHOICE OF MILK QUAKER SNACK MIX  (LINE 3) HAM/CHEESE HOAGIE/MAYO</p>	<p>10 BEEF/CHEESE ENCHILADAS PINTO BEANS CUCUMBER SALAD/LEMON WEDGE FRESH APPLE MEXICAN RICE/CRACKER CHOICE OF MILK  (LINE 3) SPICY CHICKEN BURGER</p>	<p>11 BREADED BEEF FINGERS MASHED POTATOES STEAMED CARROTS FRESH TANGERINES WHEAT BREAD CHOICE OF MILK  (LINE 3) BURRITOS/MUSTARD</p>	<p>12 BBQ ON BUN OVEN FRIES/KETCHUP PICKLE SP PARS SLICED PEACHES CHOICE OF MILK CHILI CHEESE FRIES PEANUT BUTTER COOKIE  (LINE 3) CHEESEBURGER/MAYO/MUSTARD</p>	
<p>15 SPAGETTINI/MEAT SAUCE GREEN BEANS TOSSED SALAD/DRESSING CHILLED PEARS WHEAT BREAD CHOICE OF MILK  (LINE 3) HAMBURGER/MAYO/MUSTARD</p>	<p>16 BURRITOS/MUSTARD SWEET CORN GREEN SALAD/LEMON WEDGE FRESH TANGERINES CHOICE OF MILK ELF GRAHAM CRACKER  (LINE 3) HAM/CHEESE HOAGIE/MAYO</p>	<p>17 CHEESE QUESDAILLAS PINTO BEANS LETTUCE/TOMATO SALAD FRESH APPLES CHOICE OF MILK  (LINE 3) SPICY CHICKENBURGER</p>	<p>18 PORK RIBS GREEN PEAS GARDEN SALAD TRIAL MIX WHEAT BREAD CHOICE OF MILK  (LINE 3) BURRITOS/MUSTARD</p>	<p>19 FISHBURGER/TARTAR SAUCE POTATO WEDGES BURGER SALAD PINEAPPLE TIDBITS CHOICE OF MILK MACARONI &amp; CHEESE PEANUT BUTTER COOKIE  (LINE 3) HEESEBURGER/MAYO/MUSTARD</p>	
<p>22 LASAGNA SWEET CORN LETTUCE/TOMATO FRUIT COCKTAIL WHEAT BREAD CHOICE OF MILK  (LINE 3) HAMBURGER/MAYO/MUSTARD</p>	<p>23 CHILI DOG/MUSTARD CORN-ON-COB CARROT STICKS/SIP FRESH PEARS CHOICE OF MILK QUAKER SNACK KIDS  (LINE 3) HAM/CHEESE HOAGIE/MAYO</p>	<p>24 BEEF TACOS PINTO BEANS LETTUCE/TOMATO FRESH TANGERINES MEXICAN RICE SWEET POTATO CAKE CHOICE OF MILK  (LINE 3) SPICY CHICKENBURGER</p>	<p>25 BAKED CHICKEN MASHED POTATOES GREEN BEANS GELATIN (PEARS) WHEAT BREAD CHOICE OF MILK  (LINE 3) BURRITOS/MUSTARD</p>	<p>26 FISH NUGGETS/TARTAR SAUCE POTATO WEDGES/KETCHUP GARDEN SALAD FRESH APPLES WHEAT BREAD MACARONI &amp; CHEESE CHOICE OF MILK  (LINE 3) CHEESEBURGER/MAYO/MUSTARD</p>	

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HIGH SCHOOL  
LUNCH MENU